

# GEMELLI

— LA FAMIGLIA PRIMA —

## Summer Menu

### Breakfast HARVEST

#### YOUR MORNING OATS

ROLLED OATS. BROWN SUGAR. JERSEY MILK  
ADD BANANA R 20  
ADD WHIPPED PEANUT BUTTER R 20

R 65

#### FRUIT, MUESLI & YOGHURT (N)

FRESH FRUIT SELECTION. HOMEMADE MUESLI.  
DOUBLE THICK PLAIN YOGHURT. ORGANIC HONEY

R 80

#### BREAKFAST QUARTER POUNDER

BEEF & LAMB PATTY. STREAKY BACON.  
FRIED EGG. EMMENTHALER CHEESE. STICKY ONIONS  
TOMATO CONFITURE. SPICY MAYO

AVAILABLE ALL DAY

R 105

#### EGGS BENEDICT

GYPSY HAM. 2 POACHED EGGS.  
CIABATTA. HOLLANDAISE  
SMOKED SALMON INSTEAD : ADD R 30

R 100

#### PANTRY'S FLAPJACK STACK, THE SAVORY ONE

BUTTERMILK FLAPJACKS. STREAKY BACON.  
POACHED EGG. BERRY COMPOTE.  
MASCARPONE. WHISKY SYRUP

R 110

#### DOMBOLO BREAKFAST

STREAKY BACON. TWO FRIED EGGS.  
BREAKFAST SAUSAGE. SPICY BEANS.  
CHEDDAR. SPICY MAYO. DOMBOLO

R 120

#### EL CLASSICO

STREAKY BACON. BREAKFAST SAUSAGE.  
TWO FRIED EGGS. MUSHROOMS.  
SPICY BEANS. TOAST

R 120

#### TRADING HOURS

BREAKFAST

TUES – SAT | 9:30 – 15:00

LUNCH AND DINNER

TUES – SAT | 12:00 – 21:00

BAR CLOSURES 22:30

SUN | 9:30 – 20:30

BAR CLOSURES 21:30

SUBJECT TO AVAILABILITY  
PRICING SUBJECT TO CHANGE

# GEMELLI

— LA FAMIGLIA PRIMA —

## Starters

### STICKY LAMB RIBLETS

NORTH AFRICAN COUS COUS SALAD.  
OLIVE OIL. HARISSA MAYO.  
ROASTED NUT GRANOLA

R 160

### BEEF CARPACCIO

GRASSFED BEEF. ANCHOVY. CAPERBERRIES.  
SALSA VERDE. WILD GARLIC  
EMULSION. PECORINO ROMANO

R 140

### PORK SPRINGROLLS

BRAISED BELLY. OLIVES. RAISINS.  
SPICY CABBAGE. KOREAN BBQ SAUCE

R 100

### GLAZED CHICKEN THIGHS

SUNDRIED TOMATO PESTO. ROASTED  
GARLIC AIOLI. SOY & LIME FLUID GEL

R 110

### GEMELLI CALAMARI

FALKLANDS CALAMARI. CHORIZO.  
PERI PERI BUTTER. BLACK BEAN PASTE.  
CHIMMICHIRRU. SPRING ONION

R 120

### WEST COAST MUSSELS

SALDANHA BAY. TIGER'S MILK.  
COCONUT. LIME. GINGER. CORIANDER.  
CHILI. TOASTED SESAME

R 130

### ARTICHOKE TEMPURA (V)

PANKO. GOAT'S CHEESE MOUSSE.  
FERMENTED RED ONION. LEMON BUTTER  
DRESSING. SAUCE ROUILLE

R 120

### THE BURRATA PLATE (SERVES 2)

FRESH BURRATA CHEESE. MORTADELLA HAM.  
TOMATO TEXTURES. PESTO.  
EXTRA VIRGIN OLIVE OIL.  
SEA SALT. CIABATTA

R 260

## Leaves

### GEMELLI HOUSE SALAD

GARDEN LEAVES. COCKTAIL  
TOMATOES. CUCUMBER. ZUCCHINI.  
DANISH FETA. MARINATED OLIVES  
AVOCADO MOUSSE. RED ONION.  
TOASTED SEEDS. BALSAMIC  
VINAIGRETTE

R 130

### PROSCIUTTO, PEAR & GORGONZOLA SALAD (N)

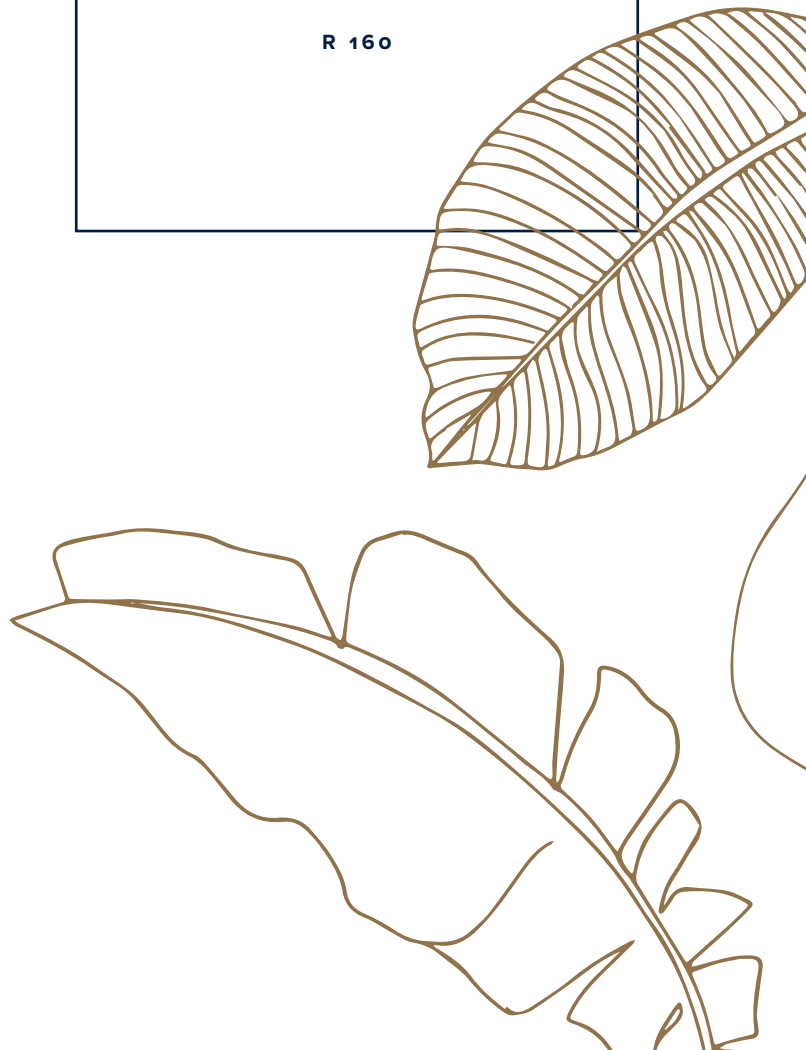
PROSCIUTTO COTTO. GORGONZOLA  
DOLCE. PICKLED PEAR. WILD  
ROCKET. BUCKWHEAT. WALNUT  
CRUMBLE. HONEY. DIJON DRESSING

R 150

### SEARED TUNA SALAD

SUSTAINABLE TUNA. TERIYAKI.  
QUINOA. BABY SPINACH. SNAP PEAS.  
RADISH. PUMPKIN SEED. SOY MAYO

R 160



# GEMELLI

— LA FAMIGLIA PRIMA —



## SIGNATURE *Pastas*

### NAPOLITANA SAUCE ONLY

GARLIC. OLIVE OIL. PARMESAN

R 85

### AGLIO OLIO PEPERONCINO

EXTRA VIRGIN OLIVE OIL. GARLIC.  
CHILI. PARSLEY

R 95

ADD PRAWN TAILS

R 200

ADD CHORIZO

R 170

### PUTTANESCA

OLIVES. CAPERS. ANCHOVIES.  
NAPOLITANA.  
GRANA PADANO

R 120

### CARBONARA (CAN BE MADE TRADITIONALLY UPON REQUEST)

PANCETTA. SOFFRITO. FREE RANGE  
EGG YOLK. DOUBLE CREAM.  
PARMESAN

R 155

FAMILY SIZE

R 300

### BOLOGNESE

SLOW COOKED BEEF & PORK RAGU.  
BASIL. NAPOLITANA. PARMESAN

R 155

FAMILY SIZE

R 300

### PENNE ALESSANDRO

PENNE RIGATE. SMOKED CHICKEN.  
PRAWN TAILS. ROASTED GARLIC.  
PROSECCO. GRAIN MUSTARD CREAM.  
PECORINO

R 200

FAMILY SIZE

R 400

### CHORIZO E GAMBERI

RIGATONI. PRAWN TAILS. CHORIZO.  
SMOKED PAPRIKA. HARISSA PASTE.  
WHITE WINE. TOMATO

R 195

FAMILY SIZE

R 385

### LAMB RAGU GEMELLI

SLOW ROASTED LAMB SHOULDER.  
OLIVES. GOAT'S CHEVIN. SQUASH  
PUREE. PARMESAN

R 195

FAMILY SIZE

R 385

### SEAFOOD LINGUINE

PRAWN TAILS. SALDANHA BAY  
MUSSELS. CALAMARI. TOMATO BASE.  
HERB CREAM. ROSA TOMATO

R 220

FAMILY SIZE

R 440

### PASTA MJ (IT'S A MOVIE)

FRESH SEAFOOD SELECTION.  
FENNEL WINE. GARLIC. LEMON  
CHEEK. TINFOIL PARCEL. WITH A  
HINT OF NAPOLITANA.

R 195

### PASTA BISTECA

BEEF TENDERLOIN. KALAMATA  
OLIVES. PICKLED PEPPERS. HARISSA  
PASTE. WITH A HINT OF NAPOLITANA

R 195

FAMILY SIZE

R 385

### MUSHROOM RISOTTO (V)

CARNAROLI. PORCINI'S. LOCAL  
MUSHROOMS. PORCINI STOCK.  
CONFIT ONION. BEURRE BLANC.  
GRANA PADANO

R 195

### HONEYMOON RISOTTO

CARNAROLI. PRAWN TAILS.  
SHELLFISH STOCK. ROASTED ONION  
& GARLIC. ROSA TOMATO. PARSLEY  
OIL

R 195

### RISOTTO A LA 'PAELLA' SPAGNOLO

CARNAROLI. SAFFRON OIL. PRAWNS.  
SQUID. CHORIZO. MUSSELS.  
SMOKED PAPRIKA. ROASTED GARLIC.  
PEAS. PARMIGIANO

R 195

### GEMELLI'S CHICKEN RAVIOLI

FREE RANGE CHICKEN & PORCINI  
FILLING. MUSHROOM & TOMATO  
CREMA. PARMESAN CRUMBLE

R 180

### BABY SPINACH & RICOTTA RAVIOLI (V)

FRESH RICOTTA CURD. ROASTED  
TOMATO BUTTER SAUCE. PEAS.  
LEMON. PINE. PECORINO ROMANO

R 170

### GEMELLI GNOCCHI (V)

ROASTED SQUASH CREAM. SHIMEJI  
MUSHROOMS. PICKLED ONION.  
SPICED OIL

R 180

# GEMELLI

— LA FAMIGLIA PRIMA —



## Mains

### LINEFISH & PRAWNS

SUSTAINABLE LINEFISH. GRILLED PRAWNS.  
PERI PERI POTATOES. COLESLAW. PEA CREAM

R 380

### GEMELLI CHICKEN

PANCETTA WRAPPED CHICKEN BREAST.  
OLIVE & RED PEPPER STUFFING.  
ROASTED GARLIC MASH. SQUASH MOUSSE.  
SAUTEED VEGETABLES. MUSTARD JUS.  
WHITE WINE SAUCE

R 210

### GEMELLI'S SPICY HALF CHICKEN

SOUS VIDE & CHARRED. OUR PERI PERI SAUCE.  
POLENTA FRITTI. RUSTIC TOMATO SHEBA.  
SWEETCORN SALSA

R 250

### GLAZED PORK BELLY (N)

12 HOUR BRAISE. SOY & HONEY GLAZE.  
POTATO PUREE. PAK CHOI. SESAME MAYO.  
BEURRE BLANC. TOASTED PEANUTS

R 250

### LAMB RUMP

RUMP. PORCINI RISOTTO. MOROGO.  
CHERMOULA. HARISSA CREME FRAICHE  
PICKLED ONION. MUSTARD JUS

R 325

### BEEF FILLET

POTATO & GARLIC PUREE. AGED PARMESAN CREMA.  
WILD ROCKET SALAD. BALSAMIC.  
PARMIGIANO REGGIANO WAFER.  
MUSTARD SEED JUS

R 285

### WEEKLY MEAT SPECIAL

ALLOW 35 MINUTES FOR PREPARATION

AVAILABLE FROM FRIDAY TO SUNDAY

ENQUIRE WITH THE GEMELLI TEAM

SQ

## Dessert

### GEMELLI SIGNATURE ALMOND NOUGAT CHEESECAKE (N)

BAKED ALMOND CHEESECAKE. 1701 ALMOND NOUGAT.  
CRANBERRY. MERINGUE. BISCUIT CRUMB.  
CARAMEL POPCORN ICE CREAM

R 110

### CIOCCOLATO

DARK CHOCOLATE CAKE. HAZELNUT GANACHE.  
ORANGE & BERGAMOT CREMEAUX  
OREO CRUMBLE. STRAWBERRY GELATO

R 95

### CRÈME BRULEE

SALTED BUTTERSCOTCH. SHREDDED WAFFLE.  
TIRAMISU ICE CREAM. ESPRESSO

R 90

### CONTEMPORARY MALVA PUDDING

DATE PASTE. VANILLA BEAN CUSTARD.  
POACHED APPLES. MILKTART ICE CREAM

R 90

### SUMMER SORBET SELECTION

MANGO. LEMON.

R 75

