

GEMELLI

— LA FAMIGLIA PRIMA —

MENU

BREAKFAST HARVEST

YOUR MORNING OATS

ROLLED OATS. BROWN SUGAR. JERSEY MILK
ADD BANANA R 20
ADD WHIPPED PEANUT BUTTER R 20

R 65

FRUIT, MUESLI & YOGHURT (N)

FRESH FRUIT SELECTION. HOMEMADE MUESLI
DOUBLE THICK PLAIN YOGHURT. ORGANIC HONEY

R 80

HANGOVER CURE BUN

CROISSANT. SMOKED SALMON TROUT. SCRAMBLED EGGS
CARAMELIZED ONIONS. CHIVES. PERI PERI MAYO

R 90

BREAKFAST QUARTER POUNDER

BEEF & LAMB PATTY. STREAKY BACON. FRIED EGG.
EMMENTHALER CHEESE
STICKY ONIONS TOMATO CONFITURE. SPICY MAYO

AVAILABLE ALL DAY

R 105

EGGS BENEDICT

SMOKED HAM. TWO POACHED EGGS.
CIABATTA. HOLLANDAISE
SMOKED SALMON INSTEAD : ADD R 20

R 90

SHAKSHUKA

SPICED BEEF MINCE RAGU. POACHED EGGS.
FETA. PICKLED JALAPEÑO.
CORIANDER. STEAMED BREAD

R 110

PANTRY'S FLAPJACK STACK, THE SAVORY ONE

BUTTERMILK FLAPJACKS. STREAKY BACON
POACHED EGG. BERRY COMPOTE.
MASCARPONE. WHISKY SYRUP

R 110

DOMBOLO BREAKFAST

STREAKY BACON. TWO FRIED EGGS.
BREAKFAST SAUSAGE. SPICY BEANS.
CHEDDAR. SPICY MAYO. DOMBOLO

R 125

EL CLASSICO

STREAKY BACON. BREAKFAST SAUSAGE.
TWO FRIED EGGS. MUSHROOMS.
SPICY BEANS. TOAST

R 125

TRADING HOURS

BREAKFAST

TUES – SUN | 9:00 – 15:00

LUNCH AND DINNER

TUES – SUN | 12:00 – 21:15

BAR

TUES – SAT | CLOSES 22:30

SUN | CLOSES 22:00

SUBJECT TO AVAILABILITY
PRICING SUBJECT TO CHANGE



GEMELLI

— LA FAMIGLIA PRIMA —

STARTERS

STICKY LAMB RIBLETS

NORTH AFRICAN COUS COUS SALAD.
OLIVE OIL. HARISSA EMULSION.
ROASTED NUT GRANOLA

R 160

BEEF CARPACCIO

GRASSFED BEEF. ANCHOVY. CAPERBERRIES.
SALSA VERDE. WILD GARLIC.
PECORINO ROMANO

R 140

PORK SPRINGROLLS

BRAISED BELLY. OLIVES. RAISINS.
SPICY CABBAGE. KOREAN BBQ SAUCE

R 100

GLAZED CHICKEN THIGHS

SUNDRIED TOMATO PESTO.
ROASTED GARLIC AIOLI. SOY & LIME FLUID GEL

R 110

GEMELLI CALAMARI

CHORIZO. PERI PERI BUTTER.
BLACK BEAN PASTE.
CHIMMICHIRRU. SPRING ONION

R 120

WEST COAST MUSSELS

SALDANHA BAY. TIGER'S MILK. COCONUT.
LIME. GINGER. CORIANDER.
CHILI. TOASTED SESAME

R 130

ARTICHOKE TEMPURA (V)

PANKO. GOAT'S CHEESE MOUSSE.
FERMENTED RED ONION.
LEMON BUTTER DRESSING. SAUCE ROUILLE

R 120

THE BURRATA PLATE (SERVES 2)

FRESH BURRATA CHEESE. MORTADELLA HAM.
TOMATO TEXTURES. PESTO.
EXTRA VIRGIN OLIVE OIL. SEA SALT. CIABATTA

R 260

LEAVES

GEMELLI HOUSE SALAD (V)

GARDEN LEAVES.
COCKTAIL TOMATOES. CUCUMBER.
ZUCCHINI. DANISH FETA.
MARINATED OLIVES.
AVOCADO MOUSSE. RED ONION.
TOASTED SEEDS.
BALSAMIC VINAIGRETTE

R 130

PROSCIUTTO, PEAR & GORGONZOLA SALAD (N)

PROSCIUTTO COTTO.
GORGONZOLA DOLCE.
PICKLED PEAR. WILD ROCKET
BUCKWHEAT. WALNUT CRUMBLE.
HONEY. DIJON DRESSING

R 150

SEARED TUNA SALAD

SUSTAINABLE TUNA. TERIYAKI.
QUINOA. BABY SPINACH.
SNAP PEAS. RADISH. PUMPKIN SEED.
SOY MAYO

R 160



GEMELLI

— LA FAMIGLIA PRIMA —

SIGNATURE PASTAS

(GLUTEN FREE PENNE AVAILABLE ON REQUEST)

NAPOLITANA SAUCE ONLY

GARLIC. OLIVE OIL. PARMESAN

R 85

AGLIO OLIO PEPERONCINO

EXTRA VIRGIN OLIVE OIL. GARLIC.
CHILI. PARSLEY

R 95

ADD PRAWN TAILS

R 200

ADD CHORIZO

R 170

PUTTANESCA

OLIVES. CAPERS. ANCHOVIES.
NAPOLITANA.
GRANA PADANO

R 120

CARBONARA

(CAN BE MADE TRADITIONALLY
UPON REQUEST)

PANCETTA. SOFFRITO. FREE RANGE
EGG YOLK. DOUBLE CREAM.
PARMESAN

R 155

FAMILY SIZE

R 300

BOLOGNESE

SLOW COOKED BEEF & PORK RAGU.
BASIL. NAPOLITANA. PARMESAN

R 155

FAMILY SIZE

R 300

PENNE ALESSANDRO

PENNE RIGATE. SMOKED CHICKEN.
PRAWN TAILS. ROASTED GARLIC.
PROSECCO. GRAIN MUSTARD CREAM.
PECORINO

R 200

FAMILY SIZE

R 400

CHORIZO E GAMBERI

RIGATONI. PRAWN TAILS. CHORIZO.
SMOKED PAPRIKA.
HARISSA PASTE. WHITE WINE.
TOMATO

R 195

FAMILY SIZE

R 385

LAMB RAGU GEMELLI

SLOW ROASTED LAMB SHOULDER.
OLIVES. GOAT'S CHEVIN.
SQUASH PUREE. PARMESAN

R 195

FAMILY SIZE

R 385

SEAFOOD LINGUINE

PRAWN TAILS. SALDANHA BAY
MUSSELS. CALAMARI.
TOMATO BASE. HERB CREAM.
ROSA TOMATO

R 220

FAMILY SIZE

R 440

PASTA MJ (IT'S A MOVIE)

FRESH SEAFOOD SELECTION.
FENNEL WINE. GARLIC.
LEMON CHEEK. TINFOIL PARCEL.
NAPOLITANA.

R 195

PASTA BISTECA

BEEF TENDERLOIN.
KALAMATA OLIVES.
PICKLED PEPPERS.
HARISSA PASTE. NAPOLITANA

R 195

FAMILY SIZE

R 385

MUSHROOM RISOTTO (V)

CARNAROLI. PORCINI'S.
LOCAL MUSHROOMS.
PORCINI STOCK.
CONFIT ONION. BEURRE BLANC.
GRANA PADANO

R 195

HONEYMOON RISOTTO

CARNAROLI. PRAWN TAILS.
SHELLFISH STOCK. ROASTED ONION
ROSA TOMATO. PARSLEY OIL

R 195

RISOTTO A LA 'PAELLA' SPAGNOLO

CARNAROLI. SAFFRON OIL. PRAWNS.
SQUID. CHORIZO. MUSSELS.
SMOKED PAPRIKA. BLACK GARLIC.
PEAS. PARMIGIANO

R 195

GEMELLI'S CHICKEN RAVIOLI

FREE RANGE CHICKEN & PORCINI
FILLING.
MUSHROOM & TOMATO CREMA.
PARMESAN CRUMBLE

R 180

BABY SPINACH & RICOTTA RAVIOLI (V)

FRESH RICOTTA CURD.
ROASTED TOMATO BUTTER SAUCE.
PEAS. LEMON. PINE.
PECORINO ROMANO

R 170

GEMELLI GNOCCHI (V)

CARAMELISED BUTTERNUT CREAM.
SHIMEJI MUSHROOMS.
PICKLED ONION. SPICED OIL

R 180



GEMELLI

— LA FAMIGLIA PRIMA —

MAINS

LINEFISH & PRAWNS

SUSTAINABLE LINEFISH. GRILLED PRAWNS. PERI PERI POTATOES
COLESLAW. PEA CREAM

R 380

GEMELLI CHICKEN

PANCETTA WRAPPED CHICKEN BREAST. OLIVE & RED PEPPER STUFFING
ROASTED GARLIC MASH. PUMPKIN MOUSSE. SAUTEED VEGETABLES.
JUS. WHITE WINE SAUCE

R 210

GEMELLI'S SPICY HALF CHICKEN

SOUS VIDE & CHARRED. OUR PERI PERI SAUCE. POLENTA FRITT.I
RUSTIC TOMATO SHEBA. SWEETCORN SALSA

R 250

GLAZED PORK BELLY (N)

12 HOUR BRAISE. SOY & HONEY GLAZE. POTATO PUREE. PAK CHOI.
SESAME MAYO. BEURRE BLANC. TOASTED PEANUTS

R 250

LAMB RUMP

PORCINI RISOTTO. KALE. CHERMOULA. HARISSA CRÈME FRAICHE.
PICKLED ONION. BEEF JUS

R 325

BEEF FILLET

POTATO & GARLIC PUREE. AGED PARMESAN CREMA. WILD ROCKET SALAD.
BALSAMIC. PARMIGIANO REGGIANO WAFER. MUSTARD SEED JUS

R 285

WEEKLY MEAT SPECIAL

ALLOW 35 MINUTES FOR PREPARATION

AVAILABLE FROM FRIDAY TO SUNDAY

ENQUIRE WITH THE GEMELLI TEAM

SQ



GEMELLI

— LA FAMIGLIA PRIMA —

DESSERT

GEMELLI SIGNATURE ALMOND NOUGAT CHEESECAKE (N)

BAKED ALMOND CHEESECAKE. 1701 ALMOND NOUGAT.
CRANBERRY. MERINGUE. BISCUIT CRUMB. CARAMEL POPCORN ICE CREAM
R 110

CIOCCOLATO

DARK CHOCOLATE CAKE. HAZELNUT GANACHE. ORANGE & BERGAMOT CREMEAUX.
OREO CRUMBLE. STRAWBERRY GELATO
R 95

CRÈME BRULÉE

SALTED BUTTERSCOTCH. SHREDDED WAFFLE. TIRAMISU ICE CREAM. ESPRESSO
R 90

CONTEMPORARY MALVA PUDDING

DATE PASTE. VANILLA BEAN CUSTARD. POACHED APPLES. MILKTART ICE CREAM
R 90

SUMMER SORBET SELECTION

MANGO. LEMON. STRAWBERRY.
CHILLED ELDERFLOWER SYRUP. STRAWBERRY & FREEZE DRIED BERRIES
R 75

