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**GEMELLI**

— LA FAMIGLIA PRIMA —

**MENU**

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# BREAKFAST HARVEST

(AVAILABLE FROM 9:30AM UNTIL 3PM)

## **YOUR MORNING OATS | R70** <sup>Ⓟ</sup>

ROLLED OATS. BROWN SUGAR. JERSEY MILK.  
ADD BANANA | R 20

## **FRUIT, MUESLI & YOGHURT | R85** <sup>Ⓟ</sup> <sup>Ⓟ</sup>

FRESH FRUIT SELECTION. HOMEMADE MUESLI.  
DOUBLE THICK PLAIN YOGHURT.  
ORGANIC HONEY.

## **HANGOVER CURE BUN | R110**

CROISSANT. SMOKED SALMON TROUT.  
SCRAMBLED EGGS. WILD CHIVES.  
PERI PERI MAYO.

## **BREAKFAST QUARTER POUNDER | R120** **(AVAILABLE ALL DAY)**

BEEF & LAMB PATTY. STREAKY BACON.  
FRIED EGG. EMMENTHALER CHEESE.  
STICKY ONIONS. TOMATO CONFITURE.  
SPICY MAYO.

## **EGGS BENEDICT | R110**

GYPSY HAM. TWO POACHED EGGS.  
CIABATTA. HOLLANDAISE.  
SMOKED SALMON INSTEAD 45

## **SHAKSHUKA | R120**

SPICED BEEF MINCE RAGU. POACHED EGGS.  
FETA. PICKLED JALAPENO. CORIANDER.  
STEAMED BREAD.

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# BREAKFAST HARVEST

(AVAILABLE FROM 9:30AM UNTIL 3PM)

## **PANTRY'S FLAPJACK STACK | R110** **THE SAVORY ONE**

BUTTERMILK FLAPJACKS. STREAKY BACON.  
POACHED EGG. BERRY COMPOTE. MASCARPONE.  
WHISKY SYRUP.

## **PANTRY'S FLAPJACK STACK | R110** **THE SWEET ONE**

BUTTERMILK FLAPJACKS. FRESH BERRIES.  
SUMMER BERRY COMPOTE.  
SPICED CREME FRAICHE. WHITE CHOCOLATE.  
SALTED CARAMEL ICE CREAM.

## **ALESSANDRO'S OMELETTE | R120**

BACON. CHARRED ROSA TOMATOES. BROWN  
MUSHROOMS. GARLIC. CHEDDAR  
EGG WHITE BASE AVAILABLE.

## **THE GEMELLI OMELETTE | R130**

CHORIZO. GOAT'S CHEESE. OLIVES. CHILI.  
BABY SPINACH. CARAMELIZED ONIONS.  
SMOKED HARISSA  
EGG WHITE BASE AVAILABLE.

## **DOMBOLO BREAKFAST | R130**

STREAKY BACON. TWO FRIED EGGS.  
BREAKFAST SAUSAGE. SPICY BEANS. CHEDDAR.  
SPICY MAYO. DOMBOLO.

## **EL CLASSICO | R130**

STREAKY BACON. BREAKFAST SAUSAGE.  
TWO FRIED EGGS. MUSHROOMS. SPICY BEANS.  
TOAST.

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# CICCHETTI SNACKS

## **STICKY LAMB RIBLETS | R180<sup>®</sup>**

NORTH AFRICAN COUS COUS SALAD. OLIVE OIL.  
HARISSA MAYO. ROASTED PISTACHIO GRANOLA.

## **PORK SPRINGROLLS | R110**

BRAISED BELLY. OLIVES. RAISINS.  
SPICY CABBAGE. KOREAN BBQ SAUCE.

## **GLAZED CHICKEN THIGHS | R120**

SUNDRIED TOMATO PESTO.  
ROASTED GARLIC AIOLI. SOY & LIME FLUID GEL.

## **GEMELLI CALAMARI | R130**

FALKLANDS CALAMARI. CHORIZO.  
PERI PERI BUTTER. BLACK BEAN PASTE.  
CHIMMICHIRRU. SPRING ONION.

## **WEST COAST MUSSELS | R140**

SALDANHA BAY. TIGER'S MILK. COCONUT. LIME.  
GINGER. CORIANDER. CHILI. TOASTED SESAME.

## **SALMON FISHCAKES | R150<sup>®</sup>**

NORWEGIAN SALMON. PANGRATTATO.  
PICKLED FISH. SAFFRON MAYO.  
FENNEL & WALNUT SALAD.

## **SUMMER TARTLET | R120<sup>®</sup>**

TOMATO. ASPARAGUS. AUBERGINE. ZUCCHINI.  
BASIL. PARMIGIANO REGGIANO ESPUMA.

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# LEAVES

## **GEMELLI HOUSE SALAD | R140** <sup>Ⓥ</sup>

GARDEN LEAVES. COCKTAIL TOMATOES.  
CUCUMBER. ZUCCHINI. DANISH FETA.  
MARINATED OLIVES. AVOCADO MOUSSE.  
RED ONION. TOASTED SEEDS.  
BALSAMIC VINAIGRETTE.

## **SEARED TUNA SALAD | R170**

QUINOA. BABY SPINACH. RADISH.  
SNAP PEAS. TERIYAKI GLAZE. SOY MAYO.

## **SPRING HARVEST SALAD | R150** <sup>Ⓝ</sup> <sup>Ⓥ</sup>

GARDEN LEAVES. PEARS. GOAT'S CHEESE.  
LEMON. GRILLED ARTICHOKE. PEAS.  
LIMA BEANS. HAZELNUTS. PEPPERONCINI.  
APRICOT & ANISEED DRESSING

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# SIGNATURE PASTAS

(GLUTEN FREE PENNE  
AVAILABLE ON REQUEST)

## **AGLIO OLIO PEPERONCINO | R110** <sup>Ⓟ</sup>

EXTRA VIRGIN OLIVE OIL. GARLIC. CHILI.  
PARSLEY.

ADD PRAWN TAILS | R215

ADD CHORIZO | R190

## **CARBONARA | R170**

(CAN BE MADE TRADITIONALLY UPON REQUEST)

PANCETTA. SOFFRITO. FREE RANGE EGG YOLK.  
DOUBLE CREAM. PARMESAN.

**FAMILY SIZE | R360**

## **BOLOGNESE | R165**

SLOW COOKED BEEF & PORK RAGU. BASIL.  
NAPOLITANA. PARMESAN.

**FAMILY SIZE | R350**

## **PENNE ALESSANDRO | R220**

PENNE RIGATE. SMOKED CHICKEN. PRAWN  
TAILS. ROASTED GARLIC. PROSECCO  
GRAIN MUSTARD CREAM. PECORINO.

**FAMILY SIZE | R460**

## **CHORIZO E GAMBERI | R215**

RIGATONI. PRAWN TAILS. CHORIZO. SMOKED  
PAPRIKA. HARISSA PASTE. WHITE WINE.  
TOMATO.

**FAMILY SIZE | R450**

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# SIGNATURE PASTAS

(GLUTEN FREE PENNE  
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## LAMB RAGU GEMELLI | R215

SLOW ROASTED LAMB SHOULDER. OLIVES.  
GOAT'S CHEVIN. SQUASH PUREE. PARMESAN.  
FAMILY SIZE | R450

## SEAFOOD LINGUINE | R235

PRAWN TAILS. SALDANHA BAY MUSSELS.  
CALAMARI. TOMATO BASE. HERB CREAM.  
ROSA TOMATO. PARMESAN.  
FAMILY SIZE | R490

## PASTA MJ (IT'S A MOVIE) | R225

FRESH SEAFOOD SELECTION. FENNEL WINE.  
GARLIC. LEMON CHEEK. TINFOIL PARCEL.

## MUSHROOM RISOTTO | R200<sup>Ⓟ</sup>

CARNAROLI. PORCINI'S. LOCAL MUSHROOMS.  
PORCINI STOCK. CONFIT ONION  
BEURRE BLANC. GRANA PADANO.

## PASTA BISTECA | R220

AGED GRASS-FED BEEF FILLET. CHILLI PASTE.  
KALAMATA OLIVES. ROASTED PEPPERS.  
NAPOLITANA. PARMESAN.

# SIGNATURE PASTAS

(GLUTEN FREE PENNE  
AVAILABLE ON REQUEST)

## RISOTTO A LA 'PAELLA' SPAGNOLO | R230

CARNAROLI. SAFFRON OIL. PRAWNS. SQUID.  
CHORIZO. MUSSELS. SMOKED PAPRIKA  
ROASTED GARLIC. PEAS. PARMIGIANO.

## OXTAIL PAPPARDELLE | R215

SLOW ROASTED OXTAIL. RICH TOMATO RAGU.  
CANNELLINI BEANS. GREMOLATA. SHIRAZ.  
PARMESAN.

## HONEYMOON' RISOTTO | R220

CARNAROLI. PRAWN TAILS. SHELLFISH STOCK.  
ROASTED ONION & GARLIC. ROSA TOMATO.  
PARSLEY OIL.

## SPRING GNOCCHI BOSCAIOLA | R190<sup>®</sup>

BUTTON MUSHROOMS. ASPARAGUS. SPINACH.  
PEAS. PESTO CREMA. PUMPKIN SEEDS. PARMESAN.

## SUMMER CAPPELLETTI | R180

SWISS CHARD & WHEY CURD CHEESE FILLED  
PASTA. LEMON. TOMATO & BASIL EMULSION  
PARMESAN CRISPS. CHIVE OIL.



# SECONDI MAIN COURSE

## **NORWEGIAN SALMON | R350<sup>®</sup>**

SPINACH & RICOTTA TORTELLINI. TOMATO BUTTER. ASPARAGUS. ALMOND CRUNCH.

## **LINEFISH & PRAWNS | R385**

SUSTAINABLE LINEFISH. GRILLED PRAWNS. PERI PERI POTATOES. CAPONATA. PEA CREAM

## **GEMELLI CHICKEN | R225**

PANCETTA WRAPPED CHICKEN BREAST. OLIVE & RED PEPPER STUFFING. ROASTED GARLIC MASH SQUASH MOUSSE. SAUTEED VEGETABLES. MUSTARD JUS. WHITE WINE SAUCE.

## **GEMELLI'S SPICY HALF CHICKEN | R265**

SOUS VIDE & CHARRED. OUR PERI PERI SAUCE. POLENTA FRITTI. RUSTIC TOMATO SHEBA. SWEETCORN SALSA.

## **GLAZED PORK BELLY | R265**

12 HOUR BRAISE. SOY & HONEY GLAZE. POTATO PUREE. JAPANESE PAK CHOI. HERITAGE CARROTS SESAME MAYO<sup>®</sup> BEURRE BLANC. TOASTED PEANUTS.

## **AGNELLO / LAMB RUMP | R330**

RUMP. PORCINI RISOTTO. KALE. CHERMOULA. HARISSA CREME FRAICHE. PICKLED ONION. MUSTARD JUS.

## **FILLET DE MANZO / BEEF FILLET | R290**

POTATO & GARLIC PUREE. AGED PARMESAN CREMA. WILD ROCKET SALAD. BALSAMIC PARMIGIANO. REGGIANO WAFER. MUSTARD SEED JUS.

## **KAROO OSTRICH LOIN | R275<sup>®</sup>**

DUCK FAT POTATOES. CURRIED SWEET POTATO CREAM. TENDER BROCCOLI. DUKKAH. PASSION FRUIT JUS.

## **THE "BASOTHO" LAMB CHOPS | R360**

THICK CUT LAMB CHOPS. BUTTERNUT SAMP WITH CARAMELISED ONION. GREEN BEANS. TOPPED WITH CHIMICHURRI CRÈME FRAICHÉ.

# DOLCE DESSERTS

## **GEMELLI SIGNATURE ALMOND | R120<sup>®</sup>** **NOUGAT CHEESECAKE**

BAKED ALMOND CHEESECAKE.  
1701 ALMOND NOUGAT. CRANBERRY.  
MERINGUE BISCUIT CRUMB.  
CARAMEL POPCORN ICE CREAM.

## **CIOCCOLATO | R110<sup>®</sup>**

DARK CHOCOLATE TORTE. HAZELNUT GANACHE.  
ORANGE & BERGAMOT CUSTARD.  
OREO CRUMBLE. VANILLA BEAN GELATO.

## **CRÈME BRULÉE | R100**

WHITE CHOCOLATE. APRICOT & FENNEL.  
LEMON SHORTBREAD CRUMB. PEACH GELATO.

## **CONTEMPORARY MALVA PUDDING | R100<sup>®</sup>**

AMARULA CUSTARD. GRILLED NECTARINE.  
ROOIBOS GEL. CRUMBLE.  
PEANUT BUTTER ICE CREAM.

## **SUMMER SORBET SELECTION AVAILABLE**

LEMON, MANGO OR SPRING BERRIES.

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