

Spots

# Sweet surrender

Craving a treat? Here's where to find sugar, spice and all things nice.

## /Durban

### Special Bakery

80 Helen Joseph Rd, Durban 010 201 2000

Tasty pastry options abound on the menu, but it's the sweet stuff that has us coming back for more. The chocolate brownie with mascarpone filling (R22), and espresso-infused caramel cupcake (R18) are especially heavenly.

### Glory Dishes

3 Lumsden Ave, Margate 031 027 0000

Dessert is the highlight for the diner at this bustling spot. The vanilla spiced panna cotta drizzled with a strawberry gastrique and Chantilly cream (R70) is a standout, and the crème brûlée with cinnamon ice cream (R70) is almost too pretty to eat.

### Ebb & Flo

7 Palm Blvd, Gateway Centre, Umhlanga 031 688 2000

Post-shopping treats don't get much better than this. The Big Apple (caramelised apple and honey piped doughnut with whipped cream; R48) or the home-made sticky toffee pudding served with vanilla ice cream (R48) are the must-ties.



## /Cape Town

### Honest Chocolate Café

644 Water St, CBD, 021 788 8000

The focus at this cosy and stylish waterfront shop is organic, super-quality chocolate, all hand-crafted using art without methods and organic ingredients. For something unusual, try the banana bread bunny chow filled with vanilla ice cream and macadamia chocolate spread (R50) or the Mexican Spiced chocolate (R60).

### The Creamery

Car Drive and Main St, Newlands Crossing, Newlands, 021 688 3875

This happening casual-chic 'dessert café' is perfect for sweet fixes, day or night, and the temptations range from delicious home-made ice cream by the scoop (from R60) to brilliant banana spits (R60) and classic Belgian waffles (R60).

### My Sugar

77 Regent St, Le Rhone Building, Sea Point, 021 433 2335

You'll find a delectable range of handmade chocolate truffles, from classic to skull-shaped, at this trendy and welcoming chocolate and coffee bar. Don't miss the milkshakes in flavours like bulletproof popcorn, cookie butter and caramelised coconut (from R60). And, while you're at it, try the crème brûlée doughnut with vanilla custard (R60) or the lemon meringue doughnut with zingy and refreshing lemon curd (R60).

## /Joburg

### Gemelli Cucina Bar

Cnr Main Rd and Posthouse St, Shop 13, Posthouse Link Centre, Bryanston, 010 591 4333

The dessert menu at this authentic Italian eatery would make any sweet lover swoon. Our favourites include the beautifully plated Chocolate Nemesis (R85) and, a twist on the classic cheesecake, the Almond Nougat Torta di Formaggio (R85).

### Crumbs & Cream

Cnr Colford Rd and Collett Dr, Slovo Junction, Slovo, 011 548 2807

Love cookies, waffles and ice cream with mega toppings? Then this should be your go-to spot. Ice-cream sandwiches (from R35) are the speciality and you can explore mouth-watering Turkish delight, caramel cheesecake and banana fudge (from R29) or take home a box of cookies (R100).

### Wovo Telo

28 Lonsdale Blvd, Lonsdale Shopping Centre, Lenasia, 011 024 2833

Wovo Telo may be best known for its great breads and artisan breads, but the extensive menu of baked delights here is equally tempting. So, whether you're in the mood for an indulgent spread or just going for a little treat, you won't be disappointed. The chocolate brownie with mascarpone (R33) and lemon meringue tartlets (R26) get our special vote.

Text: Chelsea Micklewood, Khanyi Ndlovu, Lesley Mathys; Photography: Courtesy of Ebb & Flo, Courtesy of Honest Chocolate Café